

Katholische Fachhochschule Freiburg
Institut für Angewandte Forschung,
Entwicklung und Weiterbildung (IAF)
Karlsruhe 63
79104 Freiburg

Veranstaltungsort

Katholische Fachhochschule Freiburg

Teilnahmegebühr

740 EUR gegen Rechnungsstellung

Anmeldeschluss

13. August 2010

Stornobedingungen

Wenn Sie weniger als vier Wochen vor der Veranstaltung absagen und wir Ihren Platz nicht anderweitig belegen können, müssen wir Ihnen die vollen Kursgebühren in Rechnung stellen.

KONTAKT

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Emotionally Focused Therapy for Couples

FUNDAMENTAL TRAINING
for professionals who counsel couples

16. bis 19. September 2010



KATHOLISCHE
FACHHOCHSCHULE FREIBURG

IAF – INSTITUT FÜR ANGEWANDTE
FORSCHUNG, ENTWICKLUNG UND
WEITERBILDUNG

Marital distress is the single most common reason for seeking therapy. It undermines family functioning and is strongly associated with depression and anxiety.

Emotionally Focused Therapy for Couples (EFT) offers a comprehensive theory of adult love and attachment, as well as a process of healing distressed relationships. This experiential—systemic therapy focuses on helping partners reprocess the emotional responses that maintain their negative interaction patterns. Through a series of nine steps carried out within 12-20 sessions, the therapist leads the couple away from conflict deadlock into new bonding interactions.

EFT was developed by Drs. Susan Johnson & Leslie Greenberg 25 years ago. EFT has been rigorously researched and is now one of the most delineated and empirically validated approaches in the field of couples therapy.

Yolanda von Hockauf, M.Ed., R.M.F.T.

Yolanda is a registered marriage and family therapist. She is a clinical member of the American Association for Marriage and Family Therapy (AAMFT) and an AAMFT- approved supervisor. Yolanda's first training in EFT was in 1983 at the University of British Columbia as a participating therapist in the original research study on EFT by Drs. Leslie Greenberg and Susan Johnson, and she has been successfully using this model in her practice ever since. For the past 20 years, Yolanda has been sought after as a trainer, consultant and supervisor to students and clinicians for her expertise in individual, couple and family therapy. She has an exceptional ability to explain theory and bring it alive by integrating it with practice. Described by former trainees and supervisees as "the best supervision I've ever had", Yolanda's immediate warmth and clarity of style make her teaching and supervision an exceptional experience for both beginning and advanced therapists.

EXTERNSHIP IN THE FUNDAMENTALS

*No prerequisite.

Participants will learn the theoretical underpinnings of Emotionally Focused Therapy, as well as how to:

- Assess couples' suitability for EFT
- Work through the 9 steps of EFT
- Elicit and work with emotion as it occurs in the sessions
- Work through blocks in therapy
- Develop specific interventions to help couples reprocess negative affect and foster a more secure bond

There will be opportunities for the participants to work through experiential skill building exercises and to observe the trainers working with a couple in an on-site consultation (dependent on an appropriate couple being referred by a participant).

All Training and Supervision is Approved by the International Centre for Excellence in EFT (ICEEFT) and can be used toward Certification as an EFT Therapist.

Our training program in Emotionally Focused Therapy follows the curriculum and guidelines set out by ICEEFT, and is offered by Certified Trainers. The training materials are provided by ICEEFT and guarantee full coverage of the EFT model and a comprehensive learning experience.

For more information about EFT, visit www.iceeft.com

Das Seminar findet in englischer Sprache statt.

Anmeldung

Externship in the Fundamentals

16. bis 19. September 2010

Name

Vorname

Privatanschrift

Telefon

E-Mail

Arbeitgeber

Anschrift

Telefon

E-Mail

Zum Externship in the Fundamentals melde ich mich **verbindlich** an.

Ort, Datum

Unterschrift

Ich bin damit einverstanden, dass meine in der Katholischen Fachhochschule Freiburg hinterlegten Daten durch die Teilnehmerliste an alle TeilnehmerInnen und DozentInnen weitergeleitet werden.

Ort, Datum

Unterschrift